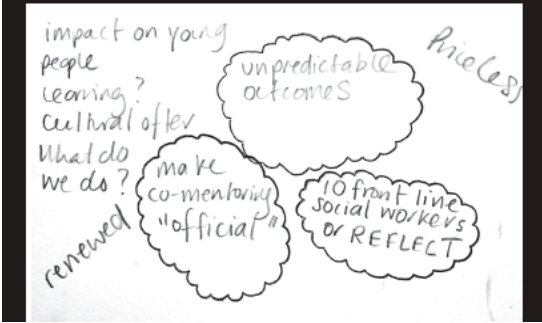




Development Opportunity

Co-mentoring project (REFLECT Lab)

Supporting healthcare professionals in providing a creative service for children



Would you like time to pause, reflect, reconnect, and reappraise your professional practice from a new perspective?

Come participate in a co-mentoring project (REFLECT Lab) which will bring healthcare staff together with artists to develop creative skills, confidence, and knowledge to broaden ideas around providing quality service for children and young people.

“Taking part in the REFLECT programme has had an impact on my own personal and professional development in ways which I could not have predicted. It gave me permission to say what if..... and to imagine a whole range of possibilities.”

Participant

- **Time scale:** 3 days between April 2011 - March 2012
Fridays - April 8th, September 30th, March 2nd (2012). Plus 5 two hour meetings. These 5 meetings are planned by you & your co-mentor, around your timetables.
- **Available to:** HSE West healthcare staff across disciplines working with children and young people in Donegal and Sligo.
- **There is no charge** for this programme. However, there is a time investment. On the 3 meeting days, travel expenses are covered and lunch is provided.
- **A short application process** will be required to participate in this programme

DEADLINE: Friday March 11th

Find Out More: reflect@helium.ie or Phone: 087 780 9887



REFLECT Lab is a model of cross-sector co-mentoring devised by The Sage Gateshead and led by Helium, children's arts and health organisation, working in collaboration with Sligo County Council Arts Service, HSE West, Letterkenny General Hospital, and Sligo General Hospital. REFLECT Lab is funded under the Arts Council of Ireland Local Partnership Scheme with additional funding and support from Sligo County Council and the HSE West. For more info please see : www.helium.ie